University Medical Center Brackenridge Specialty Clinics Renal/Hypertension Clinic Worksheet

Increased Creatinine

- *CMP*
- CBC
- Urinalysis with micro
- Renal Ultrasound (with post-void residual if age \geq 50 or diabetic)
- If diabetic, need Hbg A1C and ophthalmic exam results with referral papers

• Proteinuria

- *CMP*
- Urinalysis with micro
- Urine protein/urine creatinine ratio
- o If diabetic, need Hbg A1C and ophthalmic exam results sent before renal appointment

Hypertension

- CMP
- Complete urinalysis
- Renal Ultrasound if abnormal creatinine
- Echocardiogram if available
- Past medication trials

• Renal Transplant

- Immunosuppressive (cyclosporine, prograf, or cellcept) trough level taken 15 minutes before medication dose
- CMP
- CBC

• SLE

- CMP
- **CBC**
- o Urinalysis with micro
- Urine protein/urine creatinine ratio
- Renal Ultrasound

Revised May 2015