

Colonoscopy Guidelines

	Screening		Surveillance
	Average Risk	High Risk	
Population	<ul style="list-style-type: none"> ▪ Asymptomatic ▪ Women and Men > 50 Years. ▪ African American Women and Men > 40 - 45 Yrs. ▪ No personal history of colorectal cancer (CRC), advanced adenomas, and/or gastrointestinal disease. 	<ul style="list-style-type: none"> ▪ No personal history of colorectal cancer (CRC), advanced adenomas, and/or gastrointestinal disease. <p style="text-align: center;">AND/OR</p> <ul style="list-style-type: none"> ▪ Single first-degree relative with colorectal cancer (CRC), advanced adenomas (>1 cm, high-grade dysplasia or villous or serrated); diagnosed at age < 60 years (parent, sibling, or child). ▪ Two first-degree relatives' with colorectal cancer (CRC) or advanced adenomas. 	<ul style="list-style-type: none"> ▪ Personal history of colorectal cancer (CRC), advanced adenomas, gastrointestinal disease, inflammatory bowel disease, and/or hereditary syndromes, i.e. such as Lynch, Familial Adenomatous Polyposis (FAP), Peutz-Jeghers Syndrome, Juvenile Polyposis Syndrome.
Recommended Intervention and Interval	<ul style="list-style-type: none"> ▪ Fecal Immunochemical Test (FIT) or Fecal Occult Blood Test (FOBT) <ul style="list-style-type: none"> ○ - Negative Test <i>Recommended Interval:</i> Repeat FIT/FOBT in 1-year ○ + Positive Test Next Recommended Level of Intervention: Screening Colonoscopy 	<ul style="list-style-type: none"> ▪ Screening Colonoscopy <ul style="list-style-type: none"> ○ - Negative Colonoscopy (i.e. no indication of adenomatous polyps or hyperplastic polyps >20 mm) <i>Recommended Interval:</i> Colonoscopy every 5 years at age 40 or 10 years younger than earliest diagnosis of affected family member; Repeat every 10 years if family member diagnosed at age >60. Annual FIT testing may be recommended if appropriate. ○ + Positive Colonoscopy Next Recommended Level of Intervention: Surveillance Colonoscopy 	<ul style="list-style-type: none"> ▪ Surveillance Colonoscopy <ul style="list-style-type: none"> ○ <i>Recommended Interval:</i> Repeat as recommended by Gastroenterologist.